

The University of Manchester Athletics - Sprints Coach

School/Service	Sports Development Office
Location	Manchester Regional Arena, Etihad campus, Manchester
Contract Type	Service Level Agreement
Grade	£900 pa (pro rata for remaining weeks)
Hours	1.5 hour session once a week Thursday 7pm -8.30pm
Starting Date	Immediate start

Job Details

The University of Manchester has over 16,000 students and staff taking part in organised sport and physical activity through the University. The University recognises the importance of an active lifestyle in both the experiences that these opportunities provide our audiences as well as the positive impact that they have on their wellbeing. Delivery of our sport and physical activity strategy is through UoM Sport which is based across our campuses primarily in Fallowfield at the Armitage Sports Centre and in Manchester University Students' Union on Oxford Road. Our activities take place across the city utilising a range of city facilities in supporting our community being active and promoting physical activity opportunities through our facilities and programmes.

The post holder will deliver quality coaching, management, organising, delivering and monitoring performance to the University of Manchester's Athletics Club – sprint distance runners, and increase their performance in British Universities and Colleges Sport (BUCS). This group of athletes will be training together twice a week at Sportcity – (shared role with another coach)

Main Duties & Responsibilities

- Deliver an effective coaching programme that helps improve the performance and experience of all athletes
- Lead sessions for sprint distance runners throughout the season
- Lead the athletes with input from team captains and other coaches to select competing members and maintain a transparent selection processes.
- Assist in recruiting students to engage with coaching opportunities, providing opportunities where appropriate to coach within the club.
- Mentor student coaches within the club and offer support where appropriate to members who wish to undertake coaching qualifications or opportunities within the Coaching/ officiating Pathway.
- Provide regular information and status reports, as agreed with the Representative Sport Coordinator, on team and club performance and progress..
- Work closely with the Representative Sport Coordinator and committee members to assist with the development of the Athletics Club at The University of Manchester.
- To ensure all sessions comply with Health and Safety.
- To work within an equal opportunities framework.

Application Process:

Please send a copy of your **CV** and a **cover letter** (stating how you meet the role criteria) to:

Ellen.stephenson@manchester.ac.uk

Closing date : Midnight Thursday 14th November 2024

Interviews week beginning : 18th November 2024

For informal any queries regarding this role please contact Ellen Stephenson at the email address listed above.

Person Specification

Athletics Sprints Coach

UoM Sport are looking for people who are outgoing and highly motivated. The person specification below indicates the essential and desirable attributes that an individual must demonstrate to be considered for the post. Please note that covering letters should be written in way that demonstrates how the applicant meets each of the attributes. **Applicants will be shortlisted if they demonstrate how they meet all of the essential attributes. The desirable attributes are not necessary to be shortlisted, but are considered to be advantageous.**

	Essential	Desirable	Method of Assessment
Qualifications/Education			
Hold a Level 2 / Athletics Coach Qualifications (sprints)	✓		A
Hold a fitness/S&C related qualification (i.e. SAQ)		✓	A
Possess a Safeguarding and Protecting Children in Sport certificate	✓		A
Recognised First Aid Qualification	✓		A
Hold or are working towards a level 3 coaching qualification		✓	A
Experience and Knowledge			
Relevant and demonstrable experience of coaching competitive sprint distance running at performance level	✓		A, I
Experience of working with young adults	✓		A
Previous experience of coaching at BUCS Premier level		✓	A
Relevant and demonstrable experience of mentoring, supporting and encouraging coaches		✓	A
Understanding and awareness of modern coaching techniques and practices suited to student athletes	✓		A, I
Skills			
Excellent communication and interpersonal skills	✓		A, I
Excellent motivational skills	✓		A, I
Ability to plan, develop and deliver high quality coaching sessions	✓		A, I
Excellent planning and organisational skills	✓		A, I
Ability to produce reports and use IT software for monitoring and evaluating purposes	✓		A, I
Ability to monitor and evaluate own coaching performance	✓		A, I
Other			
Performance driven with a can do approach	✓		A, I
Must be able to work evenings, Wednesday afternoons and where determined by business needs, weekends.	✓		I
Be available to travel around the country to attend BUCS fixtures/events	✓		I
Hold a valid DBS or willing to undertake	✓		A
Committed to equal opportunities	✓		A, I
An understanding of Health and Safety and safeguarding procedures	✓		A, I