

## **The University of Manchester Women's Lacrosse Coach – 2<sup>nd</sup> Team**

School/Service	Sports Development Office
Location	Armitage Sports Centre, Moseley Road Manchester and
Contract Type	Service Level Agreement
Grade	Pay range up TBC £1400 per Season Sep- May
Hours	Monday 7.30 - 9pm plus Wednesday afternoon HOME BUCS fixtures – x 5
Starting Date	September 2024

The University of Manchester has over 16,000 students and staff taking part in organised sport and physical activity through the University. The University recognises the importance of an active lifestyle in both the experiences that these opportunities provide our audiences as well as the positive impact that they have on their wellbeing.

Delivery of our sport and physical activity strategy is through UoM Sport which is based across our campuses primarily in Fallowfield at the Armitage Sports Centre and in Manchester University Students' Union on Oxford Road. Our activities take place across the city utilising a range of city facilities in supporting our community being active and promoting physical activity opportunities through our facilities and programmes.

The post holder will deliver quality coaching, management, organising, delivering and monitoring performance to the University of Manchester's Women's Lacrosse Club and increase their performance in British Universities and Colleges Sport (BUCS). This role will be responsible for the coaching and management of the representative level players within the 2<sup>nd</sup> team.

### **Main Duties & Responsibilities**

- Deliver an effective and tailored coaching programme that helps improve the performance and experience of playing members.
- Attend and manage HOME BUCS fixtures for our 2<sup>nd</sup> Team
- Lead the 2<sup>nd</sup> Team with input from team captain (and other coaches where appropriate) to select playing squads and maintain a transparent selection processes.
- Assist in recruiting students to engage with coaching opportunities, providing opportunities where appropriate to coach within the club.
- Mentor student coaches within the club and offer support where appropriate to members who wish to undertake coaching qualifications or opportunities within the Coaching Pathway.
- Work closely with the Workforce Coordinator and committee members to assist with the development of Lacrosse at The University of Manchester.
- To ensure all sessions comply with Health and Safety.
- To work within an equal opportunities' framework.

Application Process:

Please send a copy of your **CV** and a **cover letter** (stating how you meet the role criteria) to:

[Ellen.stephenson@manchester.ac.uk](mailto:Ellen.stephenson@manchester.ac.uk)

Closing date : 9<sup>th</sup> August 2024

Interviews : week of 12<sup>th</sup> August 2024

For informal any queries regarding this role please contact Ellen Stephenson at the email address listed above.

## Person Specification

**Lacrosse Coach** UoM Sport are looking for people who are outgoing and highly motivated. The person specification below indicates the essential and desirable attributes that an individual must demonstrate to be considered for the post. Please note that covering letters should be written in way that demonstrates how the applicant meets each of the attributes. **Applicants will be shortlisted if they demonstrate how they meet all of the essential attributes. The desirable attributes are not necessary to be shortlisted, but are considered to be advantageous.**

	Essential	Desirable	Method of Assessment
<b>Qualifications/Education</b>			
Hold a Level 2 Coaching qualification	✓		
Hold a fitness/S&C related qualification (i.e. SAQ)		✓	
Possess a Safeguarding and Protecting Children in Sport certificate	✓		
Recognised First Aid Qualification	✓		
Hold or are working towards a level 3 coaching qualification		✓	
<b>Experience and Knowledge</b>			
Relevant and demonstrable experience of coaching competitive Women's Lacrosse at performance level	✓		
Experience of working with young adults	✓		
Previous experience of coaching at BUCS Premier level		✓	
Relevant and demonstrable experience of mentoring, supporting and encouraging coaches		✓	
Understanding and awareness of modern coaching techniques and practices suited to student athletes	✓		
<b>Skills</b>			
Excellent communication and interpersonal skills	✓		
Excellent motivational skills	✓		
Ability to plan, develop and deliver high quality coaching sessions	✓		
Excellent planning and organisational skills	✓		
Ability to produce reports and use IT software for monitoring and evaluating purposes	✓		
Ability to monitor and evaluate own coaching performance	✓		
<b>Other</b>			
Performance driven with a can do approach	✓		
Must be able to work evenings, Wednesday afternoons and where determined by business needs, weekends.	✓		
Be available to travel around the country to attend BUCS fixtures/events	✓		
Hold a valid DBS or willing to undertake	✓		
Committed to equal opportunities	✓		
An understanding of Health and Safety and safeguarding procedures	✓		