

## The University of Manchester Rowing Club –Head Coach

School/Service	UoM Sport Office
Location	Boat House, Dane Road, Sale, M33
Contract Type	Service Level Agreement
Grade	Pay range up to £8,000 per Season, Oct – June
Hours	3 x 4 hours sessions on the weekend Plus 4 events to be attended throughout the season
Starting Date	October 2024

### Job description

The University of Manchester has over 16,000 students and staff taking part in organised sport and physical activity through the University. The University recognises the importance of an active lifestyle in both the experiences that these opportunities provide our audiences as well as the positive impact that they have on their wellbeing.

Delivery of our sport and physical activity strategy is through UoM Sport which is based across our campuses primarily in Fallowfield at the Armitage Sports Centre and in Manchester University Students' Union on Oxford Road. Our activities take place across the city utilising a range of city facilities in supporting our community being active and promoting physical activity opportunities through our facilities and programmes.

The post holder will deliver coaching to the UoM Senior rowing teams. The role will oversee the development, selection and performance of crews. We are looking for a coach who can build and develop processes and improvement in rowing performance.

We are looking for two coaches at this level – one for the male crews and one for the female crews. Each group will consist of around 20 athletes.

### Main responsibilities

#### *a. Coaching*

- i. Provide clear and coherent direction on training throughout the season and develop a universal training plan for senior squads with agreed goals and targets.
- ii. Lead and deliver structured rowing coaching sessions to athletes, focused towards the agreed main competitive goals.
- iii. Oversee the development and performance of the athletes.
- iv. Establish and enact a consistent club rowing style.
- v. Foster a competitive culture that rewards training and commitment.
- vi. Support and mentor other club coaches.
- vii. Adhere to all relevant regulations of the Club, University and British Rowing.
- viii. Adhere to the UK Coaching Code of Practice for Sports Coaches.
- ix. To ensure all sessions comply with Health and Safety regulations
- x. To work within an equal opportunities framework

#### *b. Administration*

- i. Coordinate the coaching of all of senior squads, both on and off the water, including coaching for coxes.
- ii. To work with the UoM Performance Sport Coordinator and the club committee on future planning and development of the club.
- iii. Collaborate with squad captains in organising logistics for water sessions and implementing feedback collected from squad members.
- iv. Lead performance testing and advise crew selection.

- v. Any other reasonable duties that would fall within the scope of this position, as agreed with the Executive Committee.

### Specific duties

- Standard week (term time)
  - 12 hours of water coaching per week.
  - If unavailable for a particular session, alternative coaching provision should be sourced.
  - Work with all squad captains/executive committee/assistant coach on training plans for every week for senior squads.
- Training camp
  - The Head Coach will attend a club training camp during the Easter vacation – this will be paid as extra.
- Racing events
  - Each Coach is expected to attend 4 events that the club decides to participate in, solely for the provision of coaching to the Club.

**How to apply** Send a cover letter, CV and references

Questions and applications to be sent to :

**Sports Development Coordinator** - ellen.stephenson@manchester.ac.uk

Please use the subject line 'Rowing Coach Application'.

Closing date for applications: 7<sup>th</sup> July 2024

Interview dates: Week Beginning 15<sup>th</sup> July 2024

## Person Specification

UoM Sport are looking for people who are outgoing and highly motivated. The person specification below indicates the essential and desirable attributes that an individual must demonstrate to be considered for the post. Please note that covering letters should be written in way that demonstrates how the applicant meets each of the attributes. **Applicants will be shortlisted if they demonstrate how they meet all of the essential attributes. The desirable attributes are not necessary to be shortlisted, but are considered to be advantageous.**

	Essential	Desirable	
<b>Qualifications/Education</b>			
Hold a Level 2 Coaching qualification in Rowing (Sliding Seat)	ü		
Boat rigging knowledge	ü		
RYA Powerboat Level 2 qualification, or willingness to acquire one as required	ü		
Hold a fitness/S&C related qualification (i.e. SAQ)		ü	
Possess a Safeguarding and Protecting Children in Sport certificate	ü		
Recognised First Aid Qualification	ü		
Hold or are working towards a level 3 coaching qualification		ü	
<b>Experience and Knowledge</b>			
Relevant and demonstrable experience of coaching competitive Rowing at performance level	ü		
Experience of working with young adults	ü		
Relevant and demonstrable experience of mentoring, supporting and encouraging coaches		ü	
Understanding and awareness of modern coaching techniques and practices suited to student athletes	ü		
Previous experience of working with mixed gender groups		ü	
<b>Skills</b>			
Excellent communication and interpersonal skills	ü		
Excellent motivational skills	ü		
Ability to plan, develop and deliver high quality coaching sessions	ü		
Excellent planning and organisational skills	ü		
Ability to produce reports and use IT software for monitoring and evaluating purposes	ü		
Good leadership skills to direct the club towards achieving set performance goals.		ü	
Full UK Driving Licence and willingness to drive boats to races if required		ü	
Boat maintenance skills to fix minor repairs		ü	
Ability to monitor and evaluate own coaching performance	ü		
<b>Other</b>			
Performance driven with a can do approach	ü		
A strong team player and communicator who is able to collaborate with other coaches and squad captains			
Must be able to work weekends and evenings where determined by business needs.	ü		
Be available to travel around the country to attend Regattas and competition events	ü		
Hold a valid DBS or willing to undertake	ü		
Committed to equal opportunities	ü		
An understanding of Health and Safety and safeguarding procedures	ü		

